

BML Women's Health Lecture Series

Register at Brightonlibrary.org to reserve your seat!

Presented by Brighton Memorial Library

in collaboration with University of Rochester Medical Center
Elizabeth Wende Breast Care, LLC & Evolve Physical Therapy

Sponsored by Friends of Brighton Memorial Library

Sunday, July 13 12:30 PM -1:45 PM

Abnormal Uterine Bleeding: Polyps, Adenomyosis & Fibroids

Dr. Elisabeth Sulger will discuss the care and treatment of polyps, adenomyosis, and fibroids (including a possible hysterectomy,) and chances for malignancy.

Sunday July 13 2:30 PM - 3:30 PM

Endometriosis

Dr. Megan K. Burns will go over the signs and symptoms of endometriosis, and why excision, not ablation, should be the standard treatment.

Tuesday, July 22 6:30 PM - 7:30 PM

Women's Heart Health

Dr. Rebecca Schallek and Dr. Ponnilla Marinescu will discuss how to recognize symptoms of cardiovascular issues & when to seek medical care. They will also talk about how preexisting cardiac disease affects pregnancy and those trying to conceive.

Tuesday, July 29 6:30 PM

Pediatric & Adolescent Gynecology

Dr. Katrina Nicandri will cover different aspects of puberty, including the different ways uterus can be formed, why periods can start late or not at all, and how to talk to adolescents about their sexual health.

Tuesday, August 5 6:30 PM

Reproductive Health Basics

Dr. Stacy Sun and Maternal & Dr. Ponnilla Marinescu give an overview of reproductive and sexual health, as well as contraception.

Sunday, August 17 2:30 PM

Normal Menstrual Cycle Overview & Causes of Abnormal Bleeding presented by Dr. Sarah Betstadt

Tuesday, August 26 6:00 PM

"Why Do I Leak When I Sneeze?" - Why your pelvic floor matters

Pelvic floor physical therapist Dr. Emily Caraglio will teach you how your pelvic floor muscles impact bowel, bladder & sexual health, as well as contribute to the function of the core, hips, and leg.