

## READING AND MORE FOR CHILDREN & TEENS

### ***The Wump World***

written and illustrated by Bill Peet

J PICTURE BOOK P

Nature can come back when given the chance.

### ***Stories for Kids Who Want to Save the World***

by Carola Benedetto & Luciana Ciliento

j304.2 BEN

Sixteen biographies of people who came of age fighting climate change.

### ***The Last Straw: Kids vs. Plastics***

illustrated by Christiane Engel

j363.738 HOO

Learn about the growing plastics problem and meet a few young activists speaking out for change.

### ***Black Beach: A Community, an Oil Spill, and the Origin of Earth Day***

by Shaunna and John Sith

J PICTURE BOOK S

Inspired by the true story of the origin of Earth Day.

### ***Girl Warriors: How 25 Young Activists are Saving the Earth***

by Rachel Sarah

YA 333.7209 SAR

The stories of young activists under 25 from all over the world who are demanding change.

### ***The 21: The True Story of the Youth Who Sued the U.S. Government Over Climate Change***

by Elizabeth Rusch

YA 363.7387 RUS

The inside story of the ongoing landmark federal climate change lawsuit, Juliana v. The United States of America.

### ***To Change a Planet***

by Christina Soontornvat

j363.7 SOO

This book shows the importance of caring for our planet.

#### TEENS! WANT TO GET INVOLVED?

Join Brighton High School's Climate Club

[bhsclimateclub@gmail.com](mailto:bhsclimateclub@gmail.com)

Join Rochester Youth Climate Leaders

[585rycl.org](http://585rycl.org)

Greater Rochester Environmental Community Directory

[rochesterenvironment.com](http://rochesterenvironment.com)

## CHECKLIST: WHAT CAN I DO TODAY?

- Read an inspirational story about the Earth.
- Participate in the Drawdown Ecochallenge! Scroll down, pick a category, and choose an action to do one time or daily. [drawdown.ecochallenge.org](http://drawdown.ecochallenge.org)
- Reduce single-use plastics. (measure your plastic waste)
- Reduce carbon and water footprints. (calculate your footprints)
- Read Monserrate's case study "The Cloud Is Material" MIT Press (2023)
- Consider rewilding part of your lawn or design a wildlife garden.
- Compost food, leaf & yard debris together with food-soiled paper waste.
- Protect land, freshwater, coastal, and ocean ecosystems.
- Encourage regenerative agriculture and sustainable ocean farming.
- Protect biodiversity.
- Find ways to be an Earth friendly consumer.
- Consider the benefits of a plant-based diet.
- Think energy alternatives, renewable energy.
- Consume Less. Buy locally. No toxins.
- Learn to *Recycle Right!* in Monroe County. Safely dispose of pharmaceuticals at the Brighton Police Station.
- If you can't recycle it, reuse it!

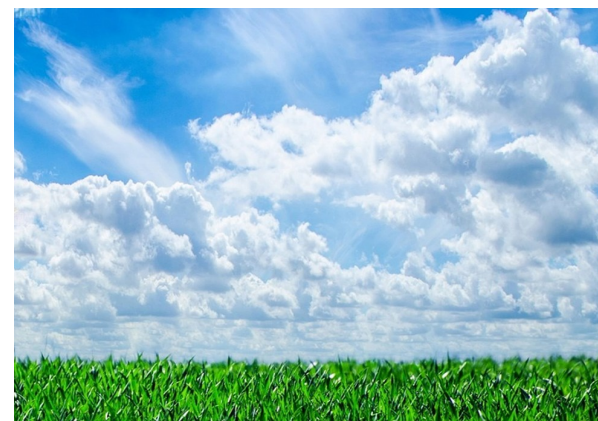
*There are no passengers on spaceship earth. We are all crew. - Marshall McLuhan*

Thank you to community reviewers from Rochester Youth Climate Leaders and Climate Solutions Accelerator for feedback on this resource list..

4/2024



# Earth Day Continued



Earth Day reminds us to care for the Earth and find ways to be kind to the environment as a whole. Nature has countless things to teach us. There are many ways to help on Earth Day and every day. This list is a starting point for discovering what has already been done to help the planet, what projects are currently in progress, and how individuals, organizations, scientists, and communities can continue to work together towards sustainability.

**Brighton Memorial Library**  
2300 Elmwood Ave, Rochester, NY 14618  
585.784.5300 | [brightonlibrary.org](http://brightonlibrary.org)

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US ON:



## EARTH FRIENDLY READING & MORE FOR ADULTS

***The Biggest Little Farm*** DVD 630 BIG  
Two farmers bring 200 acres of dry, neglected land back to life using regenerative farming methods such as composting and cover. Today, this California farm is teaming with wildlife and produces 100+ different products, including eggs and fruit. [www.apricotlanefarms.com](http://www.apricotlanefarms.com)

***Good News, Planet Earth!*** by Sam Bentley 363.7 BEN  
Earth friendly success stories from around the world interwoven with 100 positive steps you can take today.

***The Carbon Footprint of Everything***  
by Mike Berners-Lee 363.7387 BER  
Discover the carbon emission of nearly every human activity or object from a necklace to insulating an attic. An accessible, entertaining read including clear data points, summaries and charts.

***Water Always Wins*** by Erica Gies 333.9116 GIE  
What does water want? "Slow water" practitioners around the world aim to collaborate with water rather than control it. Read stories about successfully adapting to climate change and healing our water bodies.

***Regeneration*** by Paul Hawken 363.7387 HAW  
Beautiful descriptions of ecosystems blended with practical solutions for healing ecological problems.

***Not the End of the World: How We Can Be the First Generation to Build a Sustainable Planet*** by Hannah Ritchie 338.927 RIT  
A data scientist identifies areas where we have made progress and outlines which environmental initiatives work, which don't, and where we need to focus our efforts.

***The Ministry for the Future***  
by Kim Stanley Robinson FICTION ROB  
This inspiring, speculative fiction novel envisions a hopeful future where humanity has managed to overcome its challenges and survive.

**Ask a BML librarian for help  
locating these and other resources.**

*The best time to plant a tree is 20 years ago. The second best time is now. - Proverb*

## READING & MORE FOR ADULTS CONTINUED

***Do Just One Thing*** by Danny Seo 361.2 SEO  
365 creative ways to reuse everyday objects to make a healthy, happy home and a greener world. Includes sections on supporting the natural world and strengthening communities.

***Lawns Into Meadows: Growing a Regenerative Landscape*** by Owen Wormser 635.964 WOR  
Turn part of your lawn into a colorful meadow ecosystem that supports pollinators and biodiversity, enriches soil health, and removes more carbon dioxide from the atmosphere.

**For more info see:**  
**Pollinator Pathway** [www.pollinator-pathway.org/rethink-your-lawn](http://www.pollinator-pathway.org/rethink-your-lawn) and/or **How to Create a Wildlife Garden** by Christine and Mick Lavelle

## MONROE COUNTY AND TOWN OF BRIGHTON

**Recycling in Monroe County**  
[monroecounty.gov/ecopark](http://monroecounty.gov/ecopark) - see the videos!  
[monroecounty.gov/des-residentialrecycling](http://monroecounty.gov/des-residentialrecycling)

**Brighton Farmer's Market**  
[brightonfarmersmarket.org](http://brightonfarmersmarket.org)  
Buy local products, visit info tables. Connect with environmental organizations and services.

**Color Brighton Green**  
[colorbrightongreen.org](http://colorbrightongreen.org)

**Cornell Cooperative Extension**  
[monroe.cce.cornell.edu/master-gardeners/pollinator-friendly-gardens](http://monroe.cce.cornell.edu/master-gardeners/pollinator-friendly-gardens)

Start here to easily find guidance on gardening, composting, and earth friendly living. The Woody Plants Database helps find the right trees for any site.



**Did you know? The Town of Brighton joined the Tree City USA network (Arbor Day Foundation) in 2002 and approved a Climate Action Plan in 2023.**

## EXPLORE ONLINE

**Color Your Community Green**  
[climategfl.org/color-your-community-green](http://climategfl.org/color-your-community-green)  
Scroll down, find your community, sign up for newsletters, attend educational events. These community organizations will help you find rewarding volunteer opportunities for Earth Day (and every day); leaders are ready for your questions.

**Earthday.org**  
[www.earthday.org/history](http://www.earthday.org/history)  
Earth Day began in 1970. Learn about its history and identify ways to "help write many more chapters—struggles and victories—into the Earth Day book."

**Rachel Carson Homestead**  
[rachelcarsonhomestead.org/rachel-carson-legacy/environmental-reading-list/](http://rachelcarsonhomestead.org/rachel-carson-legacy/environmental-reading-list/)  
Rachel Carson's legacy and environmental ethic: Habitat - Harmony - Humility.

**Ted Topics: Sustainability**  
[www.ted.com/topics/sustainability](http://www.ted.com/topics/sustainability)

**Environmental Performance Index (EPI)**  
[epi.yale.edu](http://epi.yale.edu)  
Created by Yale and Columbia universities, the EPI ranks 180 countries on climate change performance, environmental health, and ecosystem vitality. It can help gauge how close countries are to established environmental policy targets.

Other examples of progress trackers and planners:

**International Union for Conservation of Nature and Natural Resources (ICUN)**  
[protectedplanet.net/en](http://protectedplanet.net/en)

**Reforestation Planning**  
[americanforests.org/tools-research-reports-and-guides/reforestation-hub/](http://americanforests.org/tools-research-reports-and-guides/reforestation-hub/)

**The Miyawaki Method - Trees Outside Woodland**  
Rapidly establish mini-forests in areas needing soil restoration and stabilization. Search YouTube for this 14-minute video from the Tree Council of the UK. You might want to see it before planting a tree.